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Division of Safety and Permanence

### Frequently Asked Questions about the TF-CBT Learning Collaborative

# 1. I am interested in participating in a TF-CBT Learning Collaborative. Am I eligible to participate?

DCF hosts TF-CBT learning collaboratives for clinicians serving children and families involved in the child welfare system, typically demonstrated by accepting Medicaid. Master's level, licensed clinicians participate in the learning collaborative in agency "teams" consisting of a supervisor and 1-6 clinicians. Agencies can have more than one team participate in the learning collaborative. Clinicians that are pursuing clinical licensure (LPC- IT; APSW) are eligible to participate as long as they are supervised by a licensed clinician as they complete learning collaborative.

## 2. What are the requirements of participation in the learning collaborative?

The TF-CBT Learning Collaborative is a 12-month process comprised of:

- 5 in-person training days with TF-CBT national trainers (32 hours)
- 16 group consultation calls with a TF-CBT national trainer, one hour each
- TF-CBT webinar (10 hours, self-paced)
- Child Traumatic Grief webinar (6 hours, self-paced)
- TF-CBT data tracking (de-identified data collected by DCF) for the duration of the learning collaborative and at least one year following
- Complete TF-CBT clinical implementation book: "Treating Trauma and Traumatic Grief in Children and Adolescents" provided by DCF as part of the learning collaborative

Clinicians will learn and apply TF-CBT by implementing the treatment model with 3-5 clients. Supervisors implement the model with 1-3 clients, and participate in an additional monthly supervisor consultation call. The TF-CBT Learning Collaborative training aligns with eligibility requirements for national TF-CBT certification.

## 3. Are Continuing Education Credits/Units provided?

Yes, CEU's are offered through University of Wisconsin-Milwaukee and align with requirements for LPC and Social Work licensing. CEU credits are as follows:

- 32 hours for in-person training days
- Up to 16 hours for consultation calls
- 10 hours provided by Medical University of South Carolina for TF-CBT webinar

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- 6 hours provided by Medical University of South Carolina for Child Traumatic Greif webinar
- 4. I am currently completing the learning collaborative, and I have accepted a position at a different agency. Can I continue participating in the learning collaborative? What do I need to do?

Clinicians are encouraged to continue to complete the learning collaborative if possible. We ask that clinicians identify a plan for ongoing TF-CBT supervision and support. In some cases, clinicians continue to meet with their previous supervisor for the remainder of the learning collaborative. In other cases, the clinician is able to connect with a previously trained TF-CBT supervisor at their new agency, and this supervisor is able to join TF-CBT supervisor consultation calls.

If you are a supervisor going to a new agency, we ask that you identify a plan for supervision for the clinicians you supervised, as well as a plan for you to receive support around TF-CBT at your new agency. In some cases, an experienced supervisor has been able to step into the supervisor role for the learning collaborative and attend supervisor consultation calls. In other cases, the supervisor continues to meet (over the phone or in person) with clinicians completing the learning collaborative.

### 5. I have a question for the TF-CBT national trainers. How can I receive an answer?

The TF-CBT national trainers are contracted to provide consultation during the in-person training days as well as the clinical and supervisor consultation calls. They are not able to provide consultation outside of these contracted times. We recommend bringing up your question on your next consultation or supervisor call, and/or working with your agency team in the meantime.

6. I am a supervisor who has completed the learning collaborative in the past. What are the requirements for my second time through the learning collaborative? How about if I complete the learning collaborative with new staff again, making it my 3<sup>rd+</sup> time?

The requirements for a 2<sup>nd</sup> time TF-CBT supervisor who has successfully completed the learning collaborative in the past is to attend all 5 in-person training days with the team they supervise, and to attend consultation calls when the clinicians they supervise are presenting. Supervisors are encouraged to participate in consultation and supervisor calls when possible.

Supervisors who are completing the TF-CBT learning collaborative for the 3<sup>rd</sup> time or more are only required to attend the consultation calls when the clinicians they supervise are presenting. They are welcome and encouraged to attend consultation and supervisor calls when possible.

# 7. I am a clinical supervisor or clinic administrator that is interested in participating in the learning collaborative, but I do not regularly work with clients. Can I participate?

Supervisors participating in the learning collaborative are required to implement the TF-CBT treatment model with 1-3 clients during the course of the learning collaborative year (clinicians are required to implement with 3-5 clients). We do have supervisors participate in the learning collaborative that do not regularly work with clients, and they have been able to find a way to add a client to their schedule during the course of the learning collaborative year. Both clinicians and supervisors are required to present a TF-CBT case to their peers on a consultation/supervisor call.

# 8. How many of the clinical consultation calls are required for national certification? What if I am not able to attend the required amount?

12 of the 16 consultation calls are required for TF-CBT national certification. If you miss more than 4 of the consultation calls, you are not eligible for national certification. This is considered unsuccessful completion of the learning collaborative, and you will need to re-start the learning collaborative and complete it successfully if you would like to be nationally certified.

## 9. How can I learn more about TF-CBT national certification?

You can learn more about TF-CBT national certification at <a href="https://tfcbt.org">https://tfcbt.org</a>. National certification is coordinated by the TF-CBT Therapist Certification Program.

#### 10. Are the TF-CBT Supervisor consultation calls required for national certification?

All supervisors participating in the learning collaborative present a TF-CBT case to their peers on a TF-CBT supervisor consultation call. This meets the presentation requirement for national certification. There is not a particular number of supervisor consultation calls that are required for national certification. However, the calls are an important part of a team's successful completion of the learning collaborative, and provide support for supervisors as they support their staff in implementing the treatment model.

### 11. When will the next training dates be announced?

Training dates are announced near the beginning of each calendar year. The Announcement is listed on the Wisconsin Trauma Project webpage